

JAY ROCK'S GYM

Summer Tumbling & Cheer Camps

(These camps are for all ability levels ages 5-13 years old)

Monday - Friday 10am - 1pm

JUNE CAMPS

JULY CAMPS

Starting Day	Ending Day	Starting Day	Ending Day
Camp # 1 Monday June 3 rd	Camp # 1 Friday June 7 th	Camp # 4 Monday July 8 th	Camp # 4 Friday July 12 th
Camp # 2 Monday June 10 th	Camp # 2 Friday June 14 th	Camp # 5 Monday July 15 th	Camp # 5 Friday July 19 th
Camp # 3 Monday June 17 th	Camp # 3 Friday June 21 st	Camp # 6 Monday July 22 nd	Camp # 6 Friday July 26 th



Camps will consist of the following:

- 15 minute: Stretching
- 50 minute: Tumbling
- 20 minute: Lunch
- 20 minute: Craft
- 45 minute: Motions, Jumps and Stunts
- 30 minute: Trampoline, Tumbling & Games

Cost: \$200 Per week

(New students must include an Enrollment Form).

What to bring: Lunch

What to wear: T-shirt, shorts, socks & tennis shoes. (Shoes need to be worn for stunting ONLY).

***If you have any questions, please feel free to contact us at 214-637-JUMP (5867)**

Please enroll 2 weeks prior to any camp to reserve your spot. Camps may be full or NO longer on the schedule due to lack of interest!

To Reserve your spot, you MUST SUBMIT Payment!!!

Spaces may be limited so call today!

Enrollment limited call today (214) 637-JUMP (5867)

1100 Conveyor Lane (3 blocks West of 35E off Inwood Road) Dallas, Texas 75247

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