



Jay Rock's Gym is proud to announce our new preschool program starting this fall! We will offer extended morning drop off classes to children ages 4 and 5 (late 3's upon evaluation). Unlike conventional preschool classes, your child will learn through active play. Our focus will be to nurture the whole child. We will cover all the tumbling basics from front rolls to cartwheels to handstands. We will jump on trampolines and play fun and active games. We also want your child to practice their numbers, letters, letter sounds, and days of the week through songs and art opportunities. We believe that education can be taught in a way that is fun, exciting, and active!

Our preschool program will be held on Tuesdays and Thursdays from 9-12. There will be a \$100 non-refundable enrollment fee upon registration.

	Dates	Tuition
Fall semester	August 30 – December 15	\$800
Spring semester	January 3 – May 18	\$1000

Please let us know if you would be like to set up a payment plan of \$225/month. Don't miss out on this special introductory year price!

A letter from our curriculum developer:

Hi! My name is Liz Zantop and I will be your child's teacher and coach this year. My passion for gymnastics began at age 3 and has followed me into my adulthood. I was honored to be on the Highland Park Gymnastics Team, as well as a Highland Park cheerleader. I met Jay Rock 18 years ago when I started cheering for his competitive cheerleading team, the Rock City All Stars. I went on to graduate from Texas A&M University with a degree in Psychology. I spent 6 years nannying preschool age children before I became a teacher at Park Cities Baptist Church Preschool. I currently have two boys, ages 6 and 4, who take classes with Jay.

I created this program to nurture the four developmental parts of your child's brain: physical, cognitive, social, and emotional. When all four of these areas are in alignment, your child will grow and develop in a healthy way. In a gym environment, your child will have the opportunity to learn through active play. This program will offer a safe and encouraging place to explore and grow in all four areas of brain development. I am beyond excited for the opportunity to encourage your child through active play this year! If you have any questions, please contact me. I look forward to speaking with you!

*Sincerely,
Liz Zantop
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